

**Chris Spin**  
**Saturday 18th May 2019**  
**Short Course**

16 miles and approximately 2 hours riding. Mostly on minor roads.  
Start from the centre of Foolow Village.

**Emergency numbers**

Ian: 07572 783578

Michael: 07778 332424

Alan: 07855403648

**Donations online**

[justgiving.com/fundraising/chrispin2019](http://justgiving.com/fundraising/chrispin2019)

Busy road - take care!

Busy road - take care!

Busy road - take care!

Start and Finish

**Start Time**  
Meet at 11am

Great Longstone  
150m

